

Departmental Activities of Faculty of Humanities and Social Sciences



Date: September 22nd, 2023

Event: Counselling Session on Stress Management

Organiser: Department of Psychology

Brief: the session aimed to help students identify stressors and develop coping strategies. Key topics included understanding stress, its effects, and practical techniques such as mindfulness, time management, and physical activity.



Date: November 8th, 2023

Event: Pre-Examination Preparatory Session

Organiser: Faculty of Humanities

Brief: The session focused on strategies to manage anxiety, enhance study skills, and foster a positive mindset. Key topics included time management, effective revision techniques, and relaxation methods. Students participated in discussions and exercises aimed at boosting confidence and reducing stress.

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Date: October 26th, 2023

Event: MoU with Viklaang Seva Bharti

Organiser: Faculty of Humanities

Brief: An MOU was signed between Mangalayatan University Jabalpur and Viklaang Seva Bharti Institute to enhance support for individuals with disabilities. This collaboration aims to create inclusive educational programs and provide resources that empower students with disabilities.



Date: December 22nd, 2023

Event: Innovation in Social Science & Entrepreneurship

Organiser: Faculty of Humanities

Brief: A virtual webinar titled "Innovation in Social Science & Entrepreneurship" was held, attracting participants from various backgrounds. The event featured expert speaker Prof.



Date: January 18th, 2024

Event: Sickle-Cell Anaemia Inaugural Program

Organiser: Faculty of Humanities

Brief: Representatives from Mangalayatan University Jabalpur participated in the inaugural program addressing Sickle Cell Anaemia. The event aimed to raise awareness about the disease and its impact on affected communities.

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Date: February 18th, 2024

Event: Promotional Activity for Admission

Organiser: Faculty of Humanities

Brief: The Department of Humanities conducted a successful promotional campaign aimed at boosting student admissions by visiting local schools. We organized informative sessions with school principals to discuss our programs and the unique opportunities we offer.



Date: July 1st, 2024

Event: Personality Development Activity

Organiser: Department of English

Brief : On the first working day for the session 2024-25, we organized a dynamic personality development activity for the new batch of students. This engaging session was conducted which included icebreaker games and group discussions aimed at fostering teamwork and self-confidence.



Date: August 12th, 2024

Event: Anti-Ragging Introductory Program

Organiser: Faculty of Humanities

Brief: The recent Anti-Ragging Introductory Program was a great success, welcoming new students with valuable insights into our commitment to a safe campus. Attendees engaged in interactive discussions, learning about our zero-tolerance policy against ragging.

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Date: 21st November 2024
Event: *Birsa Munda Jayanti Celebration (Jan Jatiya Gaurav Diwas)*

Organised by: Department of Humanities

Brief: The birth anniversary of Bhagwan Birsa Munda was celebrated with traditional tribal dances, songs, and games. Anchoring by Humat Marko added charm to the event. The program fostered awareness of tribal heritage and unity among the university community.



Date: 27th January 2025

Event: *Health Camp*

Organised by: Faculty of Humanities and Commerce & Management

Brief: A health camp focusing on Ayurvedic consultation was held, benefiting over 200 participants. Dr. Kamlesh Gupta and his team provided personalized health advice. The initiative promoted preventive healthcare and received excellent feedback from students and staff.